



South Tulsa Ear Nose & Throat Center, PC
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Pre-Operative Instructions

Your physician may require certain lab reports prior to your surgery. If lab orders are required by your physician, please schedule an appointment with your primary care doctor. Additionally, many facilities will require a pre-operative appointment a few days prior to your surgery.

Do not take aspirin, aspirin products, ibuprofen or non-steroidal anti-inflammatories in the week prior to surgery. These may thin the blood and cause excessive bleeding. Various herbal and other over the counter medicines can have a similar effect. A complete listing of medications that should be considered is included below. If you are taking these medications, please stop one week prior to surgery. Do not resume these medications until 5 days after the surgery, unless approved by your physician. If you must take a pain medication, a non-aspirin product like Tylenol can be taken.

1-2 Days before surgery:

If you become ill prior to your surgery, please contact our office. If you need to cancel surgery please give as much notice as possible.

Stop Pseudoephedrine 2 days before surgery because it may increase heart rate.

You will receive a confirmation call from the surgical facility 1-2 days prior to surgery. They will provide you with the time of your surgery. In addition, please ask any questions that you may still have about the surgery. Generally arrive at the surgical facility 1-2 hours prior to the scheduled surgery time to fill out paperwork and to allow the facility personnel to prepare you for the surgery.

The Night Before Surgery

Do not eat or drink anything after midnight the night before surgery, including water. The anesthesiologist will cancel the surgery if you have had anything to eat or drink during that time period. If you routinely take morning medications, bring them with you. The anesthesiologist may allow you to take this medication with a small amount of water.

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The Day of Your Surgery

If the child is under 1 year of age and on formula, they can not have formula 6 hours prior to surgery. If under 6 months of age, no formula 4 hours prior to surgery. If the child is breastfed, nothing is allowed for 4 hours prior to surgery.

Wear comfortable, loose-fitting clothes for when you leave the facility.

Children are encouraged to bring their favorite toy or blanket and pajamas to wear home.

If you use an inhaler for asthma, bring it with you.

After your surgery...

After your surgery, your doctor will give you specific post-operative instructions. Additionally, please refer to our website www.enttulsa.com for post-operative instructions for your specific surgery.

Our office telephone is answered 24 hours a day should you have any complications that are not answered in the post-operative instructions provided to you.

All patients must stop any of these aspirin-containing products 1 week prior to surgery:

Advil	Coricidin	Nalfon
Aleve	Coumadin	Panagesic
Alka Seltzer	Darvon Compound	Percodan
Anacin	Dolobid	Persantine
Anaprox	Dristan	Plavix
Ansaid	Duragesic	Ponstel
Asocdeen-30	Ecotrin	Robaxisal
Ascriptin	Empirin	Sine-Off
Aspirin	Equagesic	SK-65 Compound
Aspirin Suppositories	Excedrin	Stero-Darvon w/Aspirin
Bayer Aspirin	Feldene	Supac
BC Powders	Fiorinal	Synalgos Capsules
Buffadyne	Ibuprofen	Synalgos D.C.
Bufferin	Indocin	Temazepam (Restoril)
Butalbital	Measurin	Ticlid
Butazolidin	Midol	Tolectin
Cama-Inlay Tabs	Motrin	Triaminic
Celebrex	Nalfon	Vanquish
Cheracol Capsules	Naprosyn	Vitamin E
Clinoril	Norgesic	Voltaren
Cope	Orudis	Vioxx

The following Herbal Products should also be stopped one week prior to surgery:

Garlic	Ginseng	Kava
Ginkgo	Ephedra	St. John's Wort
Valerian		