



Tube Placement Post-Operative Instructions

1. **Diet:** Clear liquids for a few hours after surgery then a regular diet.
2. **Restricted Activities:** After surgery there should be no water in the ears for a week. Showering, bathing or shampooing the hair is permitted in the first week as long as the ears are kept absolutely dry. After the first week, your doctor will be able to advise you about any restrictions on swimming and whether ear plugs are needed.
3. **Pain:** Some pain is to be expected. Tylenol or Advil are usually sufficient for relief of any minor discomfort. Young children may tug at their ears or say that their ears “feel funny” for the first few days after surgery.
4. **Fever:** It is common for a patient to run a fever below 100 degrees. If the patient experiences a fever above 100 degrees for more than three days or a fever of over 102 degrees for any period of time, call our office at **459-8824**.
5. **Time off work/school:** Because there is little or no discomfort or general stress from this procedure, the patient will only need to take time off from work/school for the day of the surgery.
6. **Packing/Drainage:** There is occasionally some drainage of fluid from the ear. This drainage may be clear or pinkish in color. If you develop a foul smelling discharge, drainage with pus or large amounts of bright red drainage, please call our office at **459-8824**.
7. **Post-Operative Recheck:** We will need to see the patient in our office about one to two weeks after the surgery to make sure that the tubes are functioning properly.

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